

QAMILA ADVANCE 2 FOLLOW-UP FORMULA

Breastfeeding is the best way to feed an infant since supply energy and nutrients that needs during the first months of life. Continue breastfeeding along with appropriate complementary foods is recommended from 12 months up to 3 years of age or beyond.

Infants fed Qamila Advance 2 shall receive other foods in addition to this product.

Qamila Advance 2 follow up formula based on milk is suitable for feeding infants from 12 to 36 months old as part of a diversified diet. This product should only be used on the advice of a health worker as to the need for its use and the proper method of use.



INGREDIENTS

Skimmed milk, whey protein concentrate, lactose, vegetable fat (palm and kernel), vegetable oils (rapeseed, sunflower and high oleic sunflower), maltodextrin, minerals (calcium dihydrogen phosphate, potassium citrate, calcium hydroxide, calcium hydrogen phosphate, magnesium citrate, calcium citrate, dipotassium hydrogen phosphate, ferrous sulphate, sodium selenite, zinc sulphate, cupric sulphate, manganese sulphate, potassium iodide), emulsifier (**soy** lecithin), vitamins (L-ascorbic acid, DL- α tocopheryl acetate, retinyl acetate, cholecalciferol, nicotinamide, calcium D-pantothenate, phytomenadione, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, folic acid, D-biotin), choline chloride, taurine, nucleotides (CMP, AMP and UMP, GMP, IMP disodium salts), inositol, L-carnitine, antioxidants (mix of tocopherols, ascorbyl palmitate).

Allergens: It contains **milk** and **soybeans** products.

NUTRITION INFORMATION

		100 g	100 ml
Energy Value	Kcal / kJ	480/2014	292/70
Protein	g	15.0	2.18
Carbohydrate	g	58.5	8.48
Lactose	g	52.8	7.7
Fat	g	20.7	3.0
Saturated	g	8.0	1.2
Monounsaturated	g	8.7	1.3
Polyunsaturated	g	3.9	0.6
Linoleic acid	mg	3514	510
α -linolenic acid	mg	289	42
Vitamin A	μ g ER	475	68.9
Vitamin D	μ g	9.0	1.2
Vitamin C	mg	88	13
Thiamin	μ g	479	70
Riboflavin	μ g	900	131
Nicotinamide	μ g	3000	435
Vitamin B ₆	μ g	290	42
Folic acid	μ g	73.0	10.6
Pantothenic acid	μ g	2800	406
Vitamin B ₁₂	μ g	1.5	0.22
Vitamin K ₁	μ g	35	5.1
Biotin	μ g	15	2.2
Vitamin E	mg α -ET	9.0	1.3
Sodium	mg	160	23
Potassium	mg	555	80.5
Chloride	mg	300	43.5
Calcium	mg	480	69.6
Phosphorus	mg	355	51.5
Magnesium	mg	52.0	7.54
Iron	mg	7.3	1.1
Iodine	μ g	67.0	9.72
Zinc	mg	4.7	0.68
Manganese	μ g	240	35
Selenium	μ g	20	2.9
Copper	μ g	400	58
Choline	mg	125	18
Inositol	mg	25	3.6
L-carnitine	mg	10	1.5
Taurine	mg	40	5.8
Total nucleotides	mg	21	3.0

SERVING CHART (seek appropriate medical advice)

Age	Water (ml)	Scoops*	Feeds per day
6-12 months	240	8	4
12-36 months	240	8	2-3

*1 level scoop: 4.8 g

FORMAT

400 g
800 g

PREPARATION

1 Wash hands and utensils using clean water and keep clean your work area.

4 Add the required number of levelled scoops in the cup according to the dosage chart. Use the scoop contained in the tin.

2 Wash and boil the cup and preparation equipment with water for 5 minutes.

Mix thoroughly by stirring **with a cleaned spoon** until the powder is dissolved.

Boil clean water for 2 minutes and let it cool to approx. 45 °C. **Pour the required amount of warm water in the cleaned feeding cup.**

Check temperature, which must be lukewarm (37 °C), **before offering to the baby.**

NOTICE: Do not prepare more than one serving at once and use prepared formula immediately. **Throw away the leftover milk.**