

## NEOLACT PREMIUM 3 GROWING-UP FORMULA

Breastfeeding is the best way to feed an infant. Continue breastfeeding along with appropriate complementary foods is recommended from 12 months up to 3 years of age or beyond.

Neolact Premium 3 growing up is a follow-up formula based on milk suitable for feeding infants from 12 to 36 months old as part of a diversified diet. This product should only be used on the advice of a health worker as to the need for its use and the proper method of use.

It is important to maintain a varied and balanced diet and a healthy lifestyle.

## INGREDIENTS

**Skimmed milk, whey protein concentrate**, maltodextrin, vegetable fat (palm and kernel), vegetable oils (rapeseed, sunflower and high oleic sunflower), **galactooligosaccharides**, minerals (calcium hydrogen phosphate, calcium citrate, sodium citrate, potassium chloride, magnesium chloride, calcium hydroxide, ferrous sulphate, sodium selenite, zinc sulphate, cupric sulphate, manganese sulphate, potassium iodide), emulsifier (**soy lecithin**), *Cryptocodium cohnii* and *Mortierella alpina* oils, vitamins (L-ascorbic acid, DL- $\alpha$  tocopheryl acetate, retinyl acetate, phytomenadione, cholecalciferol, nicotinamide, calcium D-pantothenate, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, folic acid, D-biotin), choline chloride, taurine, nucleotides (CMP, AMP and UMP, GMP, IMP disodium salts), inositol, L-carnitine, antioxidants (mix of tocopherols, ascorbyl palmitate).

**Allergens:** It contains **milk** and **soybeans** products.



## NUTRITION INFORMATION

		100 g	100 ml
Energy Value	kcal/kJ	462/1938	68/287
Protein	g	15.5	2.29
Carbohydrate	g	55.7	8.2
Lactose	g	25.1	3.7
Fat	g	19.7	2.9
Saturated	g	7.8	1.2
Monounsaturated	g	8.1	1.2
Polyunsaturated	g	3.8	0.6
Linoleic acid	mg	3410	505
$\alpha$ -linoleic acid	mg	283	42
Vitamin A	$\mu$ g ER	460	68.1
Vitamin D	$\mu$ g	7.0	1.0
Vitamin C	mg $\alpha$ -ET	50	7.4
Thiamin	$\mu$ g	485	72
Riboflavin	$\mu$ g	667	99
Nicotinamide	$\mu$ g	3200	474
Vitamin B <sub>6</sub>	$\mu$ g	320	47
Folic acid	$\mu$ g	55.0	8.14
Pantothenic acid	$\mu$ g	2900	429
Vitamin B <sub>12</sub>	$\mu$ g	1.4	0.21
Vitamin K <sub>1</sub>	$\mu$ g	30	4.4
Biotin	mg	14	2.1
Vitamin E	$\mu$ g	6.2	0.92
Sodium	mg	226	34
Potassium	mg	672	99.4
Chloride	mg	511	75.6
Calcium	mg	600	88.8
Phosphorus	mg	386	57.1
Magnesium	mg	57.0	8.44
Iron	mg	7.3	1.1
Iodine	$\mu$ g	75.0	11.1
Zinc	$\mu$ g	3.4	0.50
Manganese	$\mu$ g	230	34
Selenium	$\mu$ g	20	3.0
Copper	mg	420	62
Choline	mg	65	9.6
Inositol	mg	25	3.7
L-carnitine	mg	10	1.5
Taurine	mg	40	5.9
Total nucleotides	mg	22	3.3
DHA*	mg	44	6.5
ARA**	mg	44	6.5
Galactooligosaccharides***	g	3.4	0.5

\* DHA: docosahexaenoic acid

\*\* ARA: araquidonic acid

\*\*\* Galactooligosaccharides: prebiotics (GOS).

## SERVING CHART (seek appropriate medical advice)

Age	Water (ml)	Scoops*	Feeds per day
12 months	240	8	2-3

\* 1 level scoop: 5 g

## FORMAT

400 g  
800 g

## PREPARATION

**1** Wash hands and utensils using clean water and keep clean your work area.

**4** Add the required number of levelled scoops in the cup according to the dosage chart. Use the scoop contained in the tin.

**2** Wash and boil the cup and preparation equipment with water for 5 minutes.

**5** Mix thoroughly by stirring with a cleaned spoon until the powder is dissolved.

**3** Boil clean water for 2 minutes and let it cool to approx. 45 °C. Pour the required amount of warm water in the cleaned feeding cup.

**6** Check temperature, which must be lukewarm (37 °C), before offering to the baby.

NOTICE: Do not prepare more than one serving at once and use prepared formula immediately. **Throw away the leftover milk.**