



## EGAO KIDS CHEWABLE VITAMIN D<sub>3</sub>

**Chewable Vitamin D<sub>3</sub> to support bone development and reinforce immune system of children.**



**From 3 years**



## Features

**Egao Kids Vitamin D<sub>3</sub> chewable** is a food supplement with vitamin D<sub>3</sub> and a soft orange flavour specifically designed and developed for children.

Vitamin D is important for the children's wellbeing as it contributes to the normal function of the immune system and is needed for normal growth and bone development. It also contributes to the maintenance of normal teeth and muscle functions.

Vitamin D is an essential prohormone that contributes to normal blood calcium levels and normal absorption/utilisation of calcium and phosphorus, main components of bones and teeth.

It is very important for children to maintain a balanced diet and a healthy lifestyle. However, there are not many foods that provide a sufficient amount of vitamin D.

It is a fat-soluble vitamin that is mainly synthesized in the skin from sun exposure, but the amount that is synthesized through ultraviolet radiation from the sun can be affected by various factors such as insufficient exposure to sunlight, use of sunscreens, clothing that completely covers the skin,



dark skin pigmentation, or insufficient hours of sunshine in some regions during the colder seasons.

This makes vitamin D deficiency common throughout the world and is especially important in children.

**Egao Kids Vitamin D<sub>3</sub> chewable** is designed for those children who need an extra supply of vitamin D.

Its format in orange-flavoured chewable tablets makes it easy to administer for children from 3 years of age.

One **Egao Kids Vitamin D<sub>3</sub> chewable** tablet provides 15 µg (600 IU) of vitamin D. Check with your healthcare professional to find out the dose your child needs.

#### BENEFITS:

Easy to use

Specially developed for children

Manufactured in the European Union

**Gluten Free**

**Lactose Free**

## Ingredients

Bulking agents: isomalt and cellulose, vitamin D (cholecalciferol), anti-caking agents: polyvinylpolypyrrolidone, silicon dioxide and magnesium salts of fatty acids, acidity regulator: citric acid, flavouring, sweetener: sucralose.

## Nutrition Information

### NUTRITION INFORMATION

	Per Dose (1 tablet)	% NRV*
Vitamin D <sub>3</sub>	15 µg (600 IU)	300

\*NRV: Nutrient Reference Values  
(Delegated Reg. EU 1169/2011).



## Dosage

Take 1 tablet a day, to chew or dissolve in the mouth.

## Formats

60 tablets of 350 mg each.