



## EGAO KIDS FLORA DIGEST

Food Supplement with probiotics,  
FOS and GOS for babies and children.

From birth



BABY  
FRIENDLY



CHILD  
FRIENDLY



SUITABLE FOR  
PREGNANT



## Features

A healthy digestive system is essential for a correct development. Digestive discomfort could be a frequent problem during the first days of life due to bowel immaturity. An intestinal imbalance could be the cause of certain functional disorders which produce gastrointestinal symptoms that are not explained by known organic causes. This can lead to constant uncontrolled crying of the infant and worrisome situations for the parents.

Functional constipation can be common in the first months of life and lead to hard, painful and less frequent stools than normal. The number, consistency and colour of stools varies throughout the first year of life and is highly variable from one child to another. Consult your health professional when in doubt.

**Egao Kids Flora Digest** is intended to help maintain the balance of the intestinal flora, contributing to the digestive comfort of infants and children. Contains probiotics (*L. rhamnosus GG*, *L. reuteri*), GOS and FOS providing high fibre content and zinc, which contributes to normal macronutrient metabolism (protein, carbohydrate and fatty acids).



- *L. rhamnosus* y *L. reuteri* are beneficial bacteria that live naturally in the intestine and that, administered orally, can colonize the intestines of those who consume them. They are frequently used as probiotics.
- GOS and FOS are soluble fibres that absorb water as it passes through the intestine, which can lead to softer stools. The body is not able to digest these compounds or assimilate them, but they can be used as food for the bacteria in the intestine such as probiotics.
- Zinc has different functions in the body: contributes to the normal function of the immune system, normal cognitive function and the maintenance of normal bones and normal vision in normal conditions.

## BENEFITS:

- Easy to use.
- Specially developed for infants and children.
- Manufactured in the European Union.

**Gluten Free**

**No additives or preservatives**

**High fibre**

## Ingredients

Galactooligosaccharides (GOS) (contain **milk**), *Lactobacillus rhamnosus* GG (ATCC 53103), fructooligosaccharides (FOS), *Limosilactobacillus reuteri* CIRM-BIA 929, zinc citrate.

## Nutrition Information

NUTRITION INFORMATION		
	Per Dose (2 sticks)	% NRV**
Zinc	0.8 mg	16
GOS	2.8 g	-
FOS	0.3 g	-
Fibre	2.3 g	-
<i>Lactobacillus rhamnosus</i> GG	10 <sup>9</sup> cfu**	-
<i>Limosilactobacillus reuteri</i>	10 <sup>8</sup> cfu**	-

\*NRV: Nutrient Reference Values (Delegated Reg. EU 2016/127)

\*\* cfu: colony-forming units



## Dosage

Pour the stick contents into at least 30 ml of liquid (breast milk, infant formula or other appropriate drink). Thoroughly stir well to dissolve the powder and dispense immediately.

**RECOMMENDED DAILY DOSE:** 2 sticks ( 1 stick twice a day)

## Formats

Each package contains 20 sticks of 3 grams each.