

# EGAO KIDS VITAMIN D<sub>3</sub>

Vitamin D in drops for an extra support in baby's development.

#### From birth









### **Features**

**Egao Kids Vitamin D**<sub>3</sub> drops is a food supplement based on vitamin D<sub>3</sub>, specially designed for new-born babies from birth and children.

Help children in the growth and development of their bones and the functioning of their immune system with the necessary amount of vitamin  $D_3$  It also contributes to the maintenance of their teeth and their muscle functions.

Vitamin D is a prohormone that is synthesized in the epithelial cells of the skin from the sun's ultraviolet radiation and it contributes to the upkeep of normal blood calcium levels and the normal absorption and utilisation of calcium and phosphorus, main components of bones and teeth.

Changes in recent decades regarding our lifestyles, clothing and recommendations for the use of sunscreen to avoid skin problems have increased cases of vitamin D deficiency in society; especially in infants, toddler-aged groups and adolescents. But it is also prevalent in women of child bearing age, resulting in babies being born with low vitamin D levels and mothers having inadequate vitamin D levels in their breast milk.

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**EGAO Kids Vitamin D** Drops is specially intended to provide the breastfed baby with the necessary amount of vitamin D from their birth and in later growth stages.

The recommended daily nutrient intake of vitamin D for breastfed infants from birth to 12 months of age is  $400 \, \text{IU}$  (10 µg). The recommendation for children from 1 to 18 years may vary. Consult your health professional before using.

#### **BENEFITS:**

- Easy to use.
- Specially developed for infants and children.
- Manufactured in the European Union.

Gluten free Lactose free

# Ingredients

Sunflower seed oil (Helianthus annus L.), cholecalciferol (Vitamin D3), antioxidant: tocopherol rich extract from Sunflower oil.

## **Nutrition Information**

NUTRITION INFORMATION		
	Per Dose (4 drops)*	% NRV**
Vitamin D₃	10 μg (400 IU)	143

<sup>\*1</sup> drop provides 3.33 µg of vitamin D.

(Delegated Reg. EU 2016/127).

10 μg is equivalent to 400 IU of vitamin D

## **Dosage**

Shake well before use. Using the enclosed droper, dispense 4 drops a day. May be administered directly onto mother's nipple, into baby's mouth or in a spoon or mixed with breast milk.

**RECOMMENDED DAILY DOSE:** 4 drops

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<sup>\*\*</sup>NRV: Nutrient Reference Values



# **Formats**

15 ml bottle.

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